FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP hours per response: 0.5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					01 0	JCCLICI	100(11)	71 1110	vcoamer	1001	ilpaily Act	31 1340								
1. Name and Address of Reporting Person* SANDERS DONALD M						2. Issuer Name and Ticker or Trading Symbol CALAVO GROWERS INC [CVGW]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
															Oirecto	or		10% Ov	vner	
(Last) (First) (Middle) 1141A CUMMINGS RD.						3. Date of Earliest Transaction (Month/Day/Year) 03/24/2011									Officer below)	(give title		Other (s below)	specify	
						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. In	6. Individual or Joint/Group Filing (Check Applicable					
(Street)				" "	In a monamont, Date of Original Flied (Month Day/Tear)									Line)						
,	AULA CA	, 9	3036											1 2	Form f	iled by One	Repo	rting Perso	n	
													Form filed by More than One Reporting Person							
(City)	(Sta	ate) (Z	Zip)																	
		Tabl	e I - Nor	-Deriv	ative	Sec	urities	s Ac	quired,	Dis	posed o	f, or B	ene	ficially	y Owned					
1. Title of Se	ecurity (Insti	: 3)		2. Transa	action	2/	A. Deeme	ed	3.		4. Securit	ies Acqu	ired (A) or	5. Amou	nt of	6. Ov	nership	7. Nature	
Date (Month/Da					Day/Yea	ay/Year) Execution Date, if any (Month/Day/Year			Transaction Disposed Of (D) (Instr. 3, 2) Code (Instr. 5)			8, 4 and		ally (D) of collowing (I) (Ir		Indirect str. 4)	of Indirect Beneficial Ownership			
									Code	v	Amount	(A) (D)	(A) or (D) Pri		Reported Transact (Instr. 3 a	ion(s)			(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1 Title of	2.	3. Transaction		· · · ·			·	_				7. Title			8. Price of	9. Numbe	r of	10.	11. Nature	
1. Title of Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	3. Iransaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		ı of		6. Date Exercisable and Expiration Date (Month/Day/Year)			Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			Derivative Security (Instr. 5)	derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	s Silly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Or No of	umber						
Stock Option(right to buy)	\$21.82	03/24/2011			A		5,000		03/24/20	12 (03/24/2013	Commo Stock	n 5	,000	\$0	5,000		D		

Explanation of Responses:

/s/ Donald M. Sanders

03/28/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.